

# BTEC SPORT NATIONAL EXTENDED CERTIFICATE



## WHAT IS BTEC SPORT?

In BTEC Sport we study the Anatomy and Physiology of the body and its adaptation to sport and exercise.

The coursework element is Practical Sports Performance, which will allow you to research two sports in depth in terms of rules, regulations, officials, skills and tactics for each, while the Professional Development Unit requires you to look at sport careers in depth and then complete a SWOT analysis on your skill set.

This course is an Applied General qualification for learners who want to continue their education through applied learning and who aim to progress to higher education and employment in the sport sector.

## WHY SHOULD I STUDY BTEC SPORT?

If you are:

- A keen sports person, who is enthusiastic about developing your theoretical knowledge and gaining a greater understanding of the scientific and socio-cultural aspects of performance
- If you wish to pursue a career within any of the sports fields

## USEFUL SKILLS & INTERESTS

It is essential that you have a keen interest in both theoretical and practical aspects of sport. You are expected to be playing at least one sport on a regular basis to school / club level. Any leadership / coaching awards will be of benefit when it comes to the practical and appreciation of performance assessments.

## COURSE STRUCTURE & CONTENT

You will study four units over 2 years

Year 1:

- Anatomy and Physiology – external exam
- Practical Sport Performance – internal coursework (demonstrate ability in 2 Olympic/NGB sports)

Year 2:

- Fitness Training and Programming – external controlled assessment
- Professional development in sport – internal coursework (two assignments)

## HOW WILL I BE ASSESSED?

You will be required to complete all units over the course of two years. There will be a mixture of coursework, an external exam and an external controlled assessment and you will be expected to meet deadlines as set, both internally and externally.

## COURSE COMMITMENT

This is a very diverse, challenging and demanding course and as such we expect 100% commitment from our students. We set our department standards high and have high expectations and hopes for all our students. High levels of attendance; punctuality; homework submission and independent study are essential if students are to maximise their potential.

## COURSE COSTS

At the start of the course, you will be given the opportunity to purchase Prior Pursglove College sports kit to wear during lessons and when you are volunteering in the local community, though this is not compulsory. Free gym membership is offered to all students.

## ENTRANCE REQUIREMENTS

For entrance on to this course you will need to meet the college standard entry requirements of 5 GCSE passes grades 4 - 9, including a GCSE grade 5 or above in English Language and preferably a grade 4 in Science and Maths.

You would normally be expected to have successfully completed a GCSE in Physical Education to at least a grade 4 or a pass but we would not exclude you if you had not done so.

Your G Score must be 5.5 or above. To work out your G Score please go to the college website and click on the 16 – 18 tab and then entry requirements. If you are not sure how to work this out please get in touch and we will be more than happy to help.

## PROGRESSION ROUTES

Studying BTEC sport can lead to careers in Sports Science, Teaching, PTI, Sports Coaching, Personal Trainer, Leisure Management, Sports Journalism, HM Forces, the Police, Sports Psychologist/Bio-mechanist/ Nutritionist, Physiotherapy / Sports Therapy, Health and Leisure Industries.

Or alternatively, many of our students have gone on to university to study a variety of different subjects including:

- Liverpool John Moore University – **Sport Business Management**
- Northumbria University – **Human Nutrition / Law**
- Sheffield Hallam University – **Physical Activity, Health & Exercise Science**
- Sheffield University – **Medicine / PE and School Sport**
- Teesside University – **Sport & Exercise**

## FURTHER INFORMATION

Full course specifications can be found at <https://www.aqa.org.uk/subjects/physical-education>

If you require further information, please contact the subject leader Wendy Stubbs.

*Please note that the information in this leaflet is correct at the time of publication, but circumstances may arise which cause us to revise our provision.*  
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